So, there you have it – your guide to keeping your child safe online.
Just remember:

Get the family involved
Safety starts with you

You can also use our handy
Net Aware tool to explore
what sites, apps and games
are right for your child.
net-aware.org.uk

* For acretic and support on service and support on service controls additionally behavior servings. Understanding behavior servings and networks and mate - call the O2 and NSPCE online streety hadden.

0808 800 5002



O, ® NSPCC

Let's keep kids safe online

Helping you to keep your child safe online



We not children it's gestive share, but online it's different Thai's why we're asting paintinks to be share hwere.



We know some parents feel confused by the internet its constraint with the constraint keep up with the latest apps and trends it can be harried and trends it can be conticularly thicky for parents of whild when aged 3-12. That's the age when aged 3-12. That's he age when aged 3-12. That's he age when aged 3-12. That's of whild when aged 3-12. That's he age when aged 3-12. That's he age when aged 3-12. That's he age when aged 3-12. That's doing more online, becoming differential paradent and using differential paradents and using differential paradents.

Solvery e guide you and give you fine information and advice you fine information want to fine information want to fine information got the most out of the and to do that safely.

The guidence is adjustly really simple a it's all enout watering to year drille, gialding the family through a grant finding out.

(F) C 8

share online - like usernames, stranger online any different?" a stranger on the street. Is a who sees what they share, and give your phone number to examples that are easy for them be happy to share offline. Use compare it to what they would Explain how everything they to understand: "You wouldn't Help your child think about

TO THE PROPERTY OF STREET CHARRETON AND Visit inspectorgluk or now to store of your child

* What's 'personal information (emails, name, phone and why's it important? number, school names etc.)

- * Not everyone's who they careful sharing thoughts and say they are online - be
- * Choose usemames that don't reveal personal information.

feelings with people you've

only met online.

- * What images and photos might be OK to share?
- * Think about what you share with friends. Once it's online, it's out of your control.

がはは

up a picture of who they are.

images and comments – builds

- * Find sites and apps you social networks children use Net Aware – our guide to the them out with your child. think are suitable and check
- Break your Share Aware it much easier to take it all in. chunks - your child will find conversations into smaller is a great place to start.
- * Go over points you've spoken your child understands. about before to make sure

Helping your child to take control is great, but there are really useful things you can do as a family too.

Get the family involved



stone. Regularly review what find it useful to agree on some and maturity into account. you've agreed, and take your rules don't have to be set in ground rules together. These child's wishes, development To start with, you'll probably

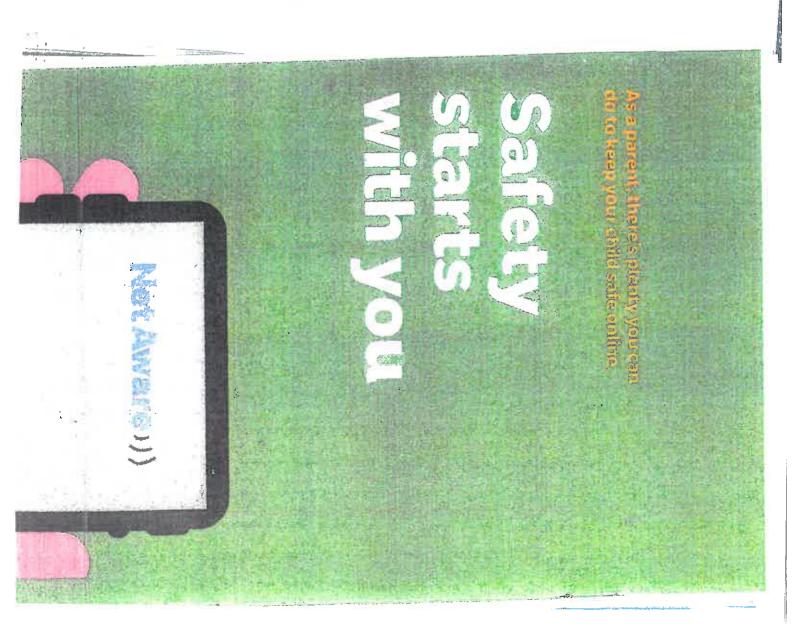
find out more on **nspcc.org.uk** controls and filters. You can technical tools like parental up what you've decided by using Remember that you can back



* Which sites and apps can

- be used and by who?
- * Do your children have * When is it/isn't it OK to use the internet? Meal times, bedtime, family visits?
- download games, apps. to ask for permission to or spend money online?
- * What parental controls will you use, and when and how will you use them?

- * Have a healthy family debate and listen to your child's point of view.
- * Set boundaries. Younger rules are there for a reason – children respond well to boundaries. They understand
- ** Be positive about the benefits of the internet and take a balanced approach. often to keep them safe.
- Regularly review what you've may need changing the next agreed. The rules set one year it's good to make sure your child isn't being left behind.
- * Talk about privacy settings, they share, Our Net Aware and how they help your child tool will help. control who can see what



to date with new apps. control; whether it's installing things you can do to take back daunting. But there are lots of the latest filters or keeping up The online world can feel

and follow your lead. So it's sate sharing looks like. always feel like it, but your example online. It might not by simply setting a good important to show them what child does notice how you act You can also help your child



- * If you use parental controls, talk to your child about them. Explain that you're using the controls to keep them safe.
- * Talk to your child about how to report things on websites, people if they need to. and how to block content or

き続の

- * Call the O2 and NSPCC online on setting up parental 5002. For advice and support settings, understanding controls, adjusting privacy safety helpline on 0808 800 social networks and more.
- Think before you share. You or funny to share pictures or might think it's endearing comments about your child, but would they?
- * Think about whether it's what you've been viewing. OK for your child to see cookies, to avoid your child Clear browser histories and seeing unsuitable content
- ★ Don't forget that news websites can show content and in the papers. you would with news on TV Take the same approach as that might upset your child.

Fination (Crime tes Himme Challage Ceatin glo) (Michael) conflicte. Whe Kosow its internition were given book was earn the lips.

Noun dhild maghidhene 'swanshigudi'
- Ala Daddus shandhen - sunashigudi'
- Ala Daddus shandhen hallennighidh 'sommadina'
- Ala Daddus shandhen 'sommadina'
- Ala Daddus shandhen

Shape you

THE COMMENSAGE AND PARTY.

about a child, you can contact the NSPCC helpline for advice and support. If you're worried

What your and o

Hoddins Wysa Ruggieja