

Week Commencing: 9/3/15, 30/3/15, 20/4/15, 11/5/15, 1/6/15, 22/6/15, 13/7/15, 31/8/15, 21/9/15, 12/10/15

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

MEAT FREE FRIDAY

Cottage Pie with Organic Beef	Roasted Jerk Chicken Drumstick	Lamb Burger Bap with Tomato Relish	Sliced Roast Chicken Breast	Freshly Baked Variety Pizza
Tuna Arrabiata Pasta	Spicy Bean Enchilada	Quorn Burger Bap with Tomato Relish	Freshly Baked Cheddar Cheese & Red Onion Pasty	Harry Ramsden Battered Fish Fillet served with Lemon Slice
Jacket Potato with Grated Cheddar Cheese	Jacket Potato with Chicken & Sweetcorn Mayonnaise	Jacket Potato with Roasted Ratatouille	Jacket Potato with a Tuna Mayonnaise Relish	Jacket Potato with Grated Cheddar Cheese
Warm Baked Bread Freshly Diced Swede Steamed Broccoli Florets	Jollof Rice Stir Fried Vegetables Steamed Organic Carrots	Oven Baked Chipped Potatoes Freshly Sauteed Onions Corn on the Cob	Oven Baked Roasted Potatoes & Yorkshire Pudding Seasonal Roasted Vegetables	Herb Sprinkled Diced Potatoes Steamed Garden Peas Baked Beans
Tropical Iced Smoothie	Cherry & Sultana Flapjack	Pears in Chocolate Sauce	Caribbean Drizzle Cake	Chef's Seasonal Fruit Medley

Junior Packed Lunch Option

Tuna Mayonnaise Roll or Ham Pasta Pot, with Iced Smoothie, Sunny Raisins, Fresh Fruit	Chicken & Sweetcorn or Cheese & Coleslaw Wrap, with Cherry Flapjack, Sunny Raisins, Fresh Fruit	Ham Salad or Cheese & Coleslaw Baguette with Organic Yoghurt, Sunny Raisins, Fresh Fruit	Chicken Bap or Cheese & Onion Pasty with Caribbean Citrus Cake, Sunny Raisins, Fresh Fruit	Tuna Salad Roll or Spicy Pasta Pot with Ice Cream Tub, Sunny Raisins, Fresh Fruit
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Seasonal fruit and salad selection, bread, organic yoghurt and fresh water available daily. All fish served is from sustainable sources. Friday fish meals are from sustainable Pollock.

Week 1

Week Commencing: 23/2/15, 16/3/15, 27/4/15, 18/5/15, 8/6/15, 29/6/15, 20/7/15, 7/9/15, 28/9/15, 19/10/15

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

MEAT FREE FRIDAY

Organic Chilli Beef & Potato Wedge Bake	Organic Sausages with Caramelised Onions	Indian Chicken Balti	Traditional Topside of Beef	Baked Fish Fingers served with Lemon Slice
Oven Baked Macaroni Cheese with Peppers and Leeks	Rosemary & Onion Sausages with Caramelised Onions	Italian Vegetable & Quorn Layer Bake	Vegetable Balls in Vegetable Gravy	Jamaican Vegetable Pattie
Jacket Potato with Chicken & Sweetcorn Mayonnaise	Jacket Potato with Grated Cheddar Cheese Mashed Potato	Jacket Potato with a Tuna Mayonnaise Relish	Jacket Potato with Grated Cheddar Cheese	Jacket Potato with Roasted Ratatouille
Warm Crusty Garlic Bread Garden Peas Corn on the Cob	Fresh Organic Carrots Steamed Cabbage	Brown & White Basmati Rice Freshly Diced Swede Steamed Cauliflower Florets	Oven Baked Roast Potatoes Yorkshire Pudding Macedoine & Broccoli Florets	Oven Baked Chips Baked Beans Steamed Garden Peas
Frozen Strawberry Yoghurt	Chocolate & Beetroot Brownie	Fruit Jelly Surprise	Toffee Apple Crumble & Custard	Chef's Seasonal Fruit Medley

Junior Packed Lunch Option

Chicken & Sweetcorn Roll or Spicy Pasta Pot, with Frozen Yoghurt, Sunny Raisins, Fresh Fruit	Ham or Cheese Roll, with Chocolate & Beetroot Brownie, Sunny Raisins, Fresh Fruit	Chicken or Egg Baguette, with Jelly, Sunny Raisins, Fresh Fruit	Ham Salad or Cheese & Tomato Wrap, with Organic Yoghurt, Sunny Raisins, Fresh Fruit	Tuna Baguette or Jamaican Pattie, with Ice Cream Tub, Sunny Raisins, Fresh Fruit
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Seasonal fruit and salad selection, bread, organic yoghurt and fresh water available daily. All fish served is from sustainable sources. Friday fish meals are from sustainable Pollock.

Week 2

Week Commencing: 2/3/15, 23/3/15, 4/5/15, 25/5/15, 15/6/15, 6/7/15, 14/9/15, 5/10/15

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

MEAT FREE FRIDAY

Organic Minced Beef & Onion Hotpot	Roasted Sticky BBQ Chicken Drumstick	Freshly Baked Organic Beef Lasagne	Roasted Turkey Breast with Sage & Onion Stuffing	Vinegar-infused Tempura Fish
Linda McCartney Sausage Roll	Sweet Potato & Lentil Dahl	Tangy Sweet & Sour Quorn With Egg Noodles	Roasted Vegetarian Loaf	Country Cheese & Onion Quiche
Jacket Potato with a Tuna Mayonnaise Relish Mashed Potato	Jacket Potato with Grated Cheddar Cheese	Jacket Potato with Chicken & Sweetcorn Mayonnaise	Jacket Potato with Grated Cheddar Cheese	Jacket Potato with Roasted Ratatouille
Steamed Green Beans Fresh Organic Steamed Carrots	Vegetable Pilau Rice Steamed Sweetcorn Niblets Fresh Steamed Broccoli Florets	Warm Freshly Baked Garlic Bread Fresh Cauliflower Florets Organic Steamed Carrots	Oven Baked Roast Potatoes Yorkshire Pudding Fresh Steamed Cabbage & Swede	Steamed New Potatoes Baked Beans Garden Peas
American Pancake with Mango Fruit Puree	Chocolate Sponge with Chocolate Sauce	Pineapple Rings & Custard	Freshly Baked Shortbread Finger	Chef's Seasonal Fruit Medley

Junior Packed Lunch Option

Ham Salad or Cheese Roll, with Frozen Yoghurt, Sunny Raisins, Fresh Fruit	Tuna Salad Wrap or Spicy Pasta Pot, with Chocolate Sponge Sunny Raisins, Fresh Fruit	Chicken & Sweetcorn or Egg Baguette with Ice Cream Tub, Sunny Raisins, Fresh Fruit	Egg & Tomato, or Ham & Cucumber Roll, with Shortbread Finger, Sunny Raisins, Fresh Fruit	Tuna Pasta Pot or Cheese & Coleslaw Baguette with Organic Yoghurt, Sunny Raisins, Fresh Fruit
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Seasonal fruit and salad selection, bread, organic yoghurt and fresh water available daily. All fish served is from sustainable sources. Friday fish meals are from sustainable Pollock.

Week 3