

WEEK 1

Week commencing: 2/11/15, 23/11/15,
14/12/15, 4/01/16, 25/01/16

MONDAY

Lamb Burger

Sweet Chilli Quorn Burger

Jacket Potato with Tuna & Sweetcorn 

Sides

Potato Wedges
Winterslaw
Garden Peas

Dessert

Peach Crumble with
Creme Fraiche

TUESDAY

Organic Cumberland Pie

Vegetable & Quorn Chilli 

Fish Burrito 

Sides

Lime & Coriander Rice
Organic Carrots
Broccoli
Onion Bread

Dessert

Chocolate Orange Slice

WEDNESDAY

Cheese & Tomato Pizza

Crispy Salmon Fishcake 

Jacket Potato with Baked Beans

Sides

Lemon Couscous
Roasted Tomato
Corn on the Cob

Dessert

Crunchy Berry Stack

THURSDAY

Roast Chicken & Yorkshire Pudding

Quorn Fillet & Yorkshire Pudding

Pasta in Tomato Sauce 

Sides

Roast Potatoes
Cauliflower
Winter Root Vegetables

Dessert

Cherry Shortbread

FRIDAY

Harry Ramsden Battered Fish 

Cheese & Bean Tortilla

Jacket Potato with Winterslaw

Sides

Chips
Sweetcorn
Baked Beans
Farmhouse Loaf

Dessert

Fresh Fruit Salad Platter

WEEK 2

Week commencing: 9/11/15, 30/11/15,
11/01/16, 1/02/16, 22/02/16

MONDAY

Sausages & Gravy

Vegetarian Sausages & Gravy

Jacket Potato with Tuna & Sweetcorn 

Sides

Mash Potato
Green Beans
Baked Beans
Onion Bread
Dessert
Sweet Waffle with
Pineapple Sauce

TUESDAY

Chicken Curry

BBQ Flatbread

Sweet Potato & Lentil Pasta

Sides

Basmati Rice
Sweetcorn Salsa

Dessert

Iced Mango Finger

WEDNESDAY

Moroccan Turkey Tagine

Four Cheese Pasta Parcels with Cheese Sauce 

Jacket Potato with Baked Beans

Sides

Mint Couscous
Organic Carrots
Courgettes
Tomato Bread

Dessert

Mandarin Fruit Jelly

THURSDAY

Organic Beef & Onion Pie

Cheese & Potato Turnover

Filled Yorkshire Pudding

Sides

Baked New Potatoes
Mixed Veg
Broccoli Florets

Dessert

Organic Carrot Slice

FRIDAY

Fish Fingers 

Quorn Fajita Wrap

Jacket Potato with Winterslaw

Sides

Potato Wedges
Garden Peas
Baked Beans
Wholemeal Bread
Dessert
Fresh Fruit Salad Platter

WEEK 3

Week commencing: 16/11/15, 7/12/15,
18/1/16, 8/2/16, 29/2/16

MONDAY

Organic Sausage Roll

Vegetable Sausage Roll

Jacket Potato with Cheese

Sides

Mash Potato
Green Beans
Baked Beans
Dessert
Ice Cream Roll

TUESDAY

Organic Spaghetti Bolognese

Winter Frittata

Stuffed Tuna Wrap 

Sides

Vegetable Rice
Organic Carrots
Broccoli Florets
Garlic Bread
Dessert
Chocolate Brownie

WEDNESDAY

Southern Style Chicken Fillet

BBQ Quorn Fillet

Jacket Potato with Tropical Slaw

Sides

Diced Potato
Garden Peas
Organic Carrots
Onion Bread

Dessert

Fresh Fruit Smoothie

THURSDAY

Traditional Roast Beef with Yorkshire Pudding

Vegetable Balls in Onion Gravy

Sweet Potato & Red Onion Pasta

Sides

Roast Potatoes
Roasted Veg
Cabbage & Swede

Dessert

Banana Cake Slice

FRIDAY

Peppered Fish Strips  

Cheese & Red Onion Quiche

Jacket Potato with Baked Beans

Sides

Chips
Baked Beans
Garden Peas
Soda Bread

Dessert

Fresh Fruit Salad Platter

Organic yoghurt,
seasonal fruit
selection and salad
bar available daily

Included in your
£2 is freshly baked
bread and self-
service salad bar

 -MSC
labelled fish are
from sustainable
sources

