

Draft Year 3: Relationships - Half Term 1

Block	Topic	Learning Outcomes	Activity ideas and Resources
1	Assessment/ Introduction	<ul style="list-style-type: none"> To introduce the Relationships theme To identify a range of different feelings, why we have them and how they can affect our relationships 	Unit Assessment Activity (eg 'Relationships' mindmap/spidergraph; sort photos of different feelings into positive and negative)
2	Recognising feelings in others and understanding body language	<ul style="list-style-type: none"> Know that feelings can be expressed through body language as well as words Know how it feels to be happy, sad, scared or excited and can usually tell if others are feeling these emotions Know how it feels to start something new and some ways to cope with these feelings 	<ul style="list-style-type: none"> Create your own emotions tree or use the animation to explore how children are feeling at the beginning of this term: http://www.thehideout.org.uk/games/emotions_tree.asp http://www.nhscareers.nhs.uk/explore-by-who-you-are/teachers-and-careers-advisers/teaching-resources-real-life-your-life/topic-3-verbal-and-non-verbal-communication/topic-3-activities/#activity3 – use the first part of this to introduce different types of body language. Give pupils a selection of pictures, a set of body language cards and some feelings cards and ask them to match them up. SEAL: New beginnings – Exploring feelings
3	Responding to different viewpoints	<ul style="list-style-type: none"> Know how to listen to other children and adults Know how to respond appropriately whether we agree or disagree Begin to see things from other people's point of view 	Create a matching card game for appropriate and inappropriate responses to comments and questions. SEAL: Getting on and falling out – Revisiting the skills of friendship
4	Resolving conflict	<ul style="list-style-type: none"> Be able to contribute to resolving differences by looking at alternatives, making decisions and explaining choices 	Expect Respect Toolkit – Year 3 lesson Plan: Resolving conflict and where to go for help www.womensaid.org.uk –resources section Go Givers: <i>free downloadable resources from The Citizenship Foundation.</i> For this lesson use the Resolving Conflict powerpoint: http://www.gogivers.org/teachers/lessons/ks-2/theme/feelings/ SEAL: Getting on and falling out – Making up
5	Being assertive	<ul style="list-style-type: none"> Know that we can choose to act assertively Know how to be assertive 	'Free' by Stonewall – free, online resource containing four films about primary age children; it explores what makes us unique and challenges homophobic bullying and language; also includes lesson plans and activity ideas: http://www.stonewallprimary.org.uk/teacher/about-free . This is Danni and This is Jake are aimed at Years 3 and 4. SEAL: Good to be me – Being assertive
6	End of unit assessment	To reflect on how different feelings affect our relationships	Review Unit Assessment Activity: Revisit the Relationships mindmap/spidergraph, use a different colour.

Draft Year 3: Relationships - Half Term 2

Block	Topic	Learning Outcomes	Activity ideas and Resources
1	Assessment	<ul style="list-style-type: none"> To recap unit topics from HT1 To introduce the Relationships topics to be covered in this half term unit 	Unit Assessment Activity: Use concept cartoons relevant to the sessions in this unit to explore pupils' understanding.
2	Resisting pressure from others	<ul style="list-style-type: none"> Know basic techniques for resisting pressure to do something that they feel is wrong Recognise that such pressure can come from friends and family as well as people they don't know 	Use scenario-based activities linked to school rules, sport and/or friendship situations. Could also link to ICT – password, online identity, address etc. The CEOP/Thinkuknow website has a selection of activity ideas in their Cyber Café section: https://www.thinkuknow.co.uk/8_10/ Go Givers: 'Peer Pressure – It's your choice' powerpoint, lesson activities: http://www.gogivers.org/teachers/lessons/ks-2/ .
3	Taking responsibility for behaviour	<ul style="list-style-type: none"> Understand why we can have guilty feelings and how we might express them Know how to make amends for things we are ashamed of Take responsibility for the choices we make 	TES: http://www.tes.co.uk/teaching-resource/Exploring-Feelings-3010989/ - use ideas from the guilt book. SEAL: Relationships: Guilty; Making Amends; Taking responsibility
4	Learning styles	<ul style="list-style-type: none"> Identify some different types of learning styles Be able to explain what sort of learner I am 	Explain different learning styles (eg via De Bonos six thinking hats) and set pupils a task to do in groups. Discuss the different approaches to the task. SEAL: Going for goals – Knowing how we are clever
5	Planning to reach a goal	<ul style="list-style-type: none"> Identify advantages and disadvantages when setting goals Make plans to overcome obstacles Know how to manage frustration by using a number of strategies 	Discuss resilience – resilience as a wall how can we get over it – physically build wall and discuss how we climbed over it. SEAL: Going for goals – Foil frustration, beat boredom
6	End of unit assessment	To reflect what pupils have learnt from the Relationships unit	Review Unit Assessment Activity: Pupils to review the concept cartoons to see if they would respond differently or make additions to their original answers.

Draft Year 3: Health and wellbeing - Half Term 3

Block	Topic	Learning Outcomes	Activity ideas and Resources
1	Assessment/ Introduction	<ul style="list-style-type: none"> To be aware of the Health & Wellbeing theme To provide an insight into the topics within this unit 	Unit Assessment Activity Children to record their current lifestyle in a typical week at home (meals, eating habits, taking exercise, keeping safe, helping out etc).
2	Differences: male & female	<ul style="list-style-type: none"> Know some differences and similarities between males and females Name male and female body parts using agreed words 	cwpresources.co.uk Teaching SRE with Confidence: year 3, lesson 1
3	Personal Space	<ul style="list-style-type: none"> Identify different types of touch that people like and do not like Understand personal space Talk about ways of dealing with unwanted touch 	cwpresources.co.uk Teaching SRE with Confidence: year 3, lesson 2 Book: <i>I said No! A kid-to-kid guide to keeping private parts private</i> by Zack and Kimberly King
4	Family Differences	<ul style="list-style-type: none"> Understand that all families are different and have different family members Identify who to go to for help and support 	cwpresources.co.uk Teaching SRE with Confidence: year 3, lesson 3
5	Gender roles at home and at school	<ul style="list-style-type: none"> Identify traditional gender roles at home and at work Understand how stereotyping can influence what children choose to do in life 	Draw and write – choose four professions and ask pupils to draw a picture of each; discuss results. Display photos of non-traditional gender roles (eg women footballers/bus driver/firefighter, house-husbands, male nurses): sample lesson plan here http://humaneeducation.org/wp-content/uploads/2013/09/WhenIGrow2013.pdf
6	Feeding the family	<ul style="list-style-type: none"> Understand that family members can have different food needs Know some healthier ways to prepare and cook food 	Food a Fact of Life , 8-11 years section, Cooking: http://www.foodafactoflife.org.uk/Sheet.aspx?siteId=15&sectionId=65&contentId=130 – select from the Key Fact 2 resources Change for Life : free website with resources and activity ideas for promoting a healthy family lifestyle: http://www.nhs.uk/Change4Life/Pages/meal-planner-recipe-finder.aspx - recipe ideas for daily meals
7	End of unit assessment	To reflect on changes pupils can make so that their lifestyle becomes more healthy and they can keep themselves safe	Review Unit Assessment Activity: Children to discuss and record any changes they have made to their lifestyle as a result of this half term's unit.

Draft Year 3: Health and wellbeing - Half Term 4

Block	Topic	Learning Outcomes	Activity ideas and Resources
1	Assessment	To review why it's important to look after our own health and wellbeing	Unit Assessment Activity: Use the Traffic Light Activity in CWP lesson 1 below as an assessment of this unit
2	Why People Smoke	<ul style="list-style-type: none"> • Know how smoking affects people • Consider why people smoke 	cwpresources.co.uk Teaching Drug & Alcohol Education with Confidence: year 3, lesson 1
3	Physical effects of smoking	<ul style="list-style-type: none"> • Know some of the effects of smoking on the body • Know about passive smoking 	cwpresources.co.uk Teaching Drug & Alcohol Education with Confidence: year 3, lesson 2
4	No Smoking	<ul style="list-style-type: none"> • Know the rules and laws to prevent smoking • Be able to make the positive choice not to smoke 	cwpresources.co.uk Teaching Drug & Alcohol Education with Confidence: year 3, lesson 3
5	Being physically active	<ul style="list-style-type: none"> • Know what physical activities are available locally for children and their families • Understand the benefits of an active lifestyle 	LBBB directory of services: http://www.lbbd.gov.uk/LeisureArtsAndLibraries/ActiveLeisureHome/Pages/PhysicalActivity.aspx - plan a weekend of healthy activity with friends or family at local centres Change for Life: use the Find local activities section: http://www.nhs.uk/Change4Life/Pages/local-change-for-life-activities.aspx Kidshealth: http://kidshealth.org/kid/stay_healthy/fit/healthier-parents.html - Help your parents get healthy
6	End of unit assessment	To reflect on what pupils have learnt from the Health and Wellbeing unit	Review Unit Assessment Activity: Revisit the Traffic Light Activity (CWP Lesson 1) or ask pupils to produce a Healthy Living Charter for their class or family.

Draft Year 3: Living in the wider world - Half Term 5

Block	Topic	Learning Outcomes	Activity ideas and Resources
1	Assessment/ Introduction	To discuss the meaning of living in the wider world and provide an insight into each topic within this unit	Unit Assessment Activities: Hold an assembly to introduce the topic of communities Class mindmap/spidergraph of My Community or The Wider World
2	Staying safe	<ul style="list-style-type: none"> Know the potential dangers in different environments Understand about personal safety 	<p>Nationwide Education: <i>free teaching resources including lesson plans, teacher guides, interactive games to look at home safety:</i> http://www.nationwideeducation.co.uk/safety-education/home-safety/teachers/07-11_staying-safe/index.php</p> <p>Red Cross – Life. Live it: <i>free teaching resources including film clips, quizzes, interactive games, lesson plans about first aid and personal safety:</i> http://www.redcross.org.uk/what-we-do/teaching-resources/teaching-packages/microsite/life-live-it-first-aid-education-for-children</p> <p>Invite representatives from Fire Brigade, St Johns Ambulance, Community Police Officer, School Nursing Team</p>
3	Our community in the media	<ul style="list-style-type: none"> Explore and critique how the media present information about our community 	<ul style="list-style-type: none"> Invite a local journalist to explain his/her job Design and make a newspaper story for your local area featuring good news Children interview one another as if they are reporters
4	Organisations which help our community	<ul style="list-style-type: none"> Understand that people have different needs Recognise the role of organisations that help in the community 	<p>Go Givers: www.gogivers.org: Go to KS2 Lessons – All Lessons –Go Givers Community Centre – lesson activities, powerpoint</p> <p>Anglian Water: <i>free downloadable teaching resources to explore water usage:</i> http://www.anglianwater.co.uk/community/education/resources/key-stage-2-resources.aspx</p> <p>Invite speakers from local charities to explain the work they do in the community</p>
5	Rubbish and recycling	<ul style="list-style-type: none"> Agree and follow rules, and understand how rules help us Know what improves and harms our local, natural and built environments, and about some of the ways people look after them 	<p>Go Givers: www.gogivers.org: Go to KS2 Lessons- All Lessons – Sustainable Development – lesson activities, powerpoint</p> <p>Nationwide Education: the Sustainability Skills section has lots of activity ideas including factsheets, worksheets and interactive games: http://www.nationwideeducation.co.uk/sustainability-education/teachers/04-11_sustainable-houses/interactive-activities.php</p> <p>Schools EcoTeam:http://www.recycleforyourcommunity.com/schools/default.aspx</p>
6	End of unit assessment	To reflect on what pupils have learnt about the community in which they live	Review Unit Assessment Activity

Draft Year 3: Living in the wider world - Half Term 6

Block	Topic	Learning Outcomes	Activity ideas and Resources
1	Assessment/ Introduction	To introduce the topic of money and discuss what will be covered in this unit	Unit Assessment Activity Use assembly ideas from PFEG's My Money Week
2	Ways to pay	<ul style="list-style-type: none"> Know that there are a number of different ways to pay for goods and services Understand some of the advantages and disadvantages of different payment methods 	NatWest Pocket Money Primary School Programme: www.teachers.natwest-pocketmoney.com - a useful KS 2 resource package, register for free downloadable lesson plans, worksheets and interactive games: Go to Using Money – Lesson UM06 Ways to Pay
3	Keeping track of money	<ul style="list-style-type: none"> Know how to spend money within a budget Develop the ability to identify the coins needed to make an amount of money Understand the need to offer more money than the price when you don't have the correct change <p><i>or</i></p> <ul style="list-style-type: none"> Understand the importance of checking change when they shop Developed the ability to add up coins quickly 	Values, Money & Me: http://www.valuesmoneyandme.co.uk - free website with interactive games, storybooks, activities. Go to KS2 Lesson 4 – Bert's shopping challenge – an interactive game on how to spend money within a budget. NatWest: www.teachers.natwest-pocketmoney.com KS2 resource package: Go to Using Money – Lesson UM04 The Right Amount or Lesson UM05 Check the change. Devise a simple shopping trip to plan the end of term class party.
4	Jobs	<ul style="list-style-type: none"> Know about different ways to gain money, including earning it through work. Meet some new people and learn a little about their job Identify some of the skills needed for different types of jobs 	Personal Finance Education Group: www.pfeg.org <i>A comprehensive site offering economic education resources</i> <ul style="list-style-type: none"> Put My Money Primary Toolkit in the space bar Go to KS2 Year 3 - My Money works (Year 3, Unit 2) Barclays Bank Money Skills: www.barclaysmoneyskills.com Resource pack for Ages 7-11 – Use Icebreaker Hi -Who am I?
5	Other people's lives around the world	<ul style="list-style-type: none"> Consider other people's lifestyles and beliefs. Know how money can make things different for other people here and in other countries. Recognise the availability of Fairtrade goods and think about why we should choose to shop fairly. 	PFEG My Money Primary Toolkit: www.pfeg.org Go to KS2 Year 3 unit - My Money impact (Year 3, Unit 3) CAFOD: http://www.cafod.org.uk/Education/Primary-schools Search KS2 Resources – Trade and Fairtrade - Assembly <i>This assembly introduces a Fairtrade 'superhero' who talks about the brilliant ways Fairtrade can help the developing world. The religious emphasis at the end of the script might not suit all schools.</i> Participation in Charitable Events / Links with schools in other countries
6	End of unit assessment	To reflect on what pupils have learnt about money and consider its wider impact all over the world	Review the class party shopping trip in relation to each session topic.