

Draft Year 4: Relationships - Half Term 1

Block	Topic	Learning Outcomes	Activity ideas and Resources
1	Assessment / Introduction	<ul style="list-style-type: none"> To introduce the Relationships theme To introduce the topics to be covered in this half term's unit 	Unit Assessment Activities: Hold an introductory assembly for Years 3 and 4 Use a scenario-based questionnaire to establish how pupils would deal with a range of situations
2	Emotional barriers to learning	<ul style="list-style-type: none"> Identify some barriers to learning including our feelings Know some ways to overcome personal barriers to learning 	Create a classroom display with pupils to them identify barriers and enablers to learning; use a theme such as 'Movers and Blockers' or 'Snakes and Ladders'; include photos of pupils to personalise the display. SEAL: Going for goals – Feelings and learning; Barriers to reaching learning goals
3	Coping with disappointment	<ul style="list-style-type: none"> Explore feelings of hope and disappointment Know some strategies to help us cope with feelings of disappointment and hopelessness 	HandsOn Scotland: this website provides practical information, tools and activities to encourage children's emotional wellbeing. www.handsonscotland.co.uk – 'The little big thing hunt' activity – Go to How to help children flourish – Activities and videos – Activities – Sense of purpose. SEAL: Good to be me – Hopeful and disappointed; Hiding feelings
4	Developing resilience	<ul style="list-style-type: none"> Know why we behave in certain ways when we find change difficult Know some ways of dealing with the feelings that can arise from change 	Embrace the Future: website aimed at children to encourage resilience; try the resiliency quiz and resiliency thinking game: http://www.embracethefuture.org.au/kids/ SEAL: Changes – Imposed or unwelcome change; Our responses to change
5	Celebrating each other's strengths	<ul style="list-style-type: none"> Recognise that everyone in the class has a gift or talent Know how to set a goal to achieve a personal best Know how we can help each other to achieve our goals 	Go Givers: 'Gifts and opportunities' powerpoint and learning activities to facilitate goal setting/making resolutions: http://www.gogivers.org/teachers/lessons/ks-2/theme/values/ SEAL: Going for Goals – Planning to meet a goal.
6	End of unit assessment	To reflect on the importance of resilience in helping us to cope with difficult situations	Review Unit Assessment Activity: Pupils complete the scenario questionnaire again to evaluate whether they would now respond to situations differently.

Draft Year 4: Relationships - Half Term 2

Block	Topic	Learning Outcomes	Activity ideas and Resources
1	Assessment/ Introduction	<ul style="list-style-type: none"> To recap unit topics from HT1 To introduce the Relationships topics to be covered in this half term unit 	Unit Assessment Activity Use the Peace Doves activity from HandsOn Scotland www.handsonscotland.co.uk : Go to How to help children flourish – Activities and videos – Activities – Peace Doves
2	Different types of relationships	<ul style="list-style-type: none"> Explore the different types of relationships at home, at school and in our community Explain how I feel about the important people or animals in my life 	Consider close and distant family, friends, teacher, doctor, neighbour, pets, adoption, fostering. ‘Free’ by Stonewall – free, online resource containing four films about primary age children; it explores what makes us unique and challenges homophobic bullying and language; also includes lesson plans and activity ideas: http://www.stonewallprimary.org.uk/teacher/about-free . This is Danni and This is Jake are aimed at Years 3 and 4. SEAL : Relationships – Special people
3	When relationships go wrong	<ul style="list-style-type: none"> Understand why we sometimes fight or run away when we feel threatened Know why it is important to stop and think when we feel angry or stressed 	Expect Respect Toolkit Year 4 Lesson Plan: Examining violence, excuses and responsibility www.womensaid.org.uk – resources section. SEAL : Good to be me - Fight or flight
4	Losing someone we care about	<ul style="list-style-type: none"> Understand how most people feel when they lose someone they love or care about Know some positive ways to remember people even if we no longer see them 	Go Givers – Bereavement – Treasured Memories lesson and powerpoint: http://www.gogivers.org/teachers/lessons/ks-2/theme/friendship-and-care/ . SEAL : Relationships – Let’s not forget. Books: Michael Rosen’s Sad Book; Into The Forest by Anthony Browne
5	Protecting against cyberbullying	<ul style="list-style-type: none"> Know some basic rules for staying safe online Describe some of the ways children can be cyberbullied Know what to do if someone is being cyberbullied 	Common Sense Media – short animation demonstrating how to be safe, responsible and respectful offline and online: https://www.common sense media.org/videos/pause-think-online Kidsmart has lesson plans, drama activities, online quiz, Safer Internet Day ideas: www.kidsmart.org.uk . ThinkUKnow (CEOP) has short films, online games and a cyber cafe http://www.thinkuknow.co.uk/ .
6	End of unit assessment	To reflect on what pupils have learnt from the Relationships unit	Review Unit Assessment Activity Revisit the Peace Doves activity and ask children to add more ideas.

Draft Year 4: Health and wellbeing - Half Term 3

Block	Topic	Learning Outcomes	Activity ideas and Resources
1	Assessment/ Introduction	<ul style="list-style-type: none"> To be aware of the Health & Wellbeing theme To provide an insight into the topics within this unit 	Unit Assessment Activity: Select some poems on the theme of 'Change' and read to the class. Use the Lifecycle Quiz activity in CWP Lesson1 to develop some concept cartoons as an assessment for this unit.
2	Growing and Changing	<ul style="list-style-type: none"> Describe the main stages of the human life cycle Describe the body changes that happen when a child grows up 	cwpresources.co.uk Teaching SRE with Confidence: year 4, lesson 1
3	What is Puberty?	<ul style="list-style-type: none"> Discuss male and female body parts using agreed words Know some of the changes which happen to the body during puberty 	cwpresources.co.uk Teaching SRE with Confidence: year 4, lesson 2
4	Puberty changes and reproduction	<ul style="list-style-type: none"> Know about the physical and emotional changes that happen in puberty Understand that children change into adults so that they are able to reproduce 	cwpresources.co.uk Teaching SRE with Confidence: year 4, lesson 3
5	Changes in relationships at home	<ul style="list-style-type: none"> Understand how changes in relationships at home can affect our emotional health Know where to get help and support when our family unit changes 	Go Givers: www.gogivers.org : <i>My mum doesn't live here any more</i> powerpoint : Go to Teachers – KS2 Lessons – All Lessons – select Family Breakup – My mum doesn't live here any more. Childline: this website has a Family Relationships section: http://www.childline.org.uk/Explore/HomeFamilies/Pages/FamilyRelationships.aspx Invite the school's Family Support Worker to come and talk about their role
6	Being Active	<ul style="list-style-type: none"> Know that being active and looking after ourselves is good for our emotional and physical health 	Food a Fact of Life: 8-11 years Healthy Eating Key Fact 5: <i>Being active and looking after yourself are important for health:</i> http://www.foodafactoflife.org.uk/section.aspx?t=0&siteId=15&sectionId=64 – lesson plan, powerpoint
7	End of unit assessment	To reflect on ways of managing changes that happen as we grow up	Review Unit Assessment Activity: Revisit the concept cartoons, use a different colour to add new ideas and responses.

Draft Year 4: Health and wellbeing - Half Term 4

Block	Topic	Learning Outcomes	Activity ideas and Resources
1	Assessment/ Introduction	To recap why it's important to look after our health and wellbeing as we grow up	Unit Assessment Activity
2	Habits and self-control	<ul style="list-style-type: none"> • Be able to distinguish between good habits and bad habits • Understand why some habits can be difficult to break 	Discuss children's habits such as nose picking, nail biting, thumb sucking, hair twirling: http://kidshealth.org/parent/emotions/behavior/five_habits.html# Do adults have different habits? Explore will power and self-control.
3	Effects of Alcohol	<ul style="list-style-type: none"> • Know what alcohol is and how it affects the body • Understand that everyone will be affected differently by alcohol 	cwpresources.co.uk Teaching Drug & Alcohol Education with Confidence: year 4, lesson 1
4	Alcohol and Risk	<ul style="list-style-type: none"> • Know that there are risks to drinking alcohol 	cwpresources.co.uk Teaching Drug & Alcohol Education with Confidence: year 4, lesson 2
5	Limits to drinking alcohol	<ul style="list-style-type: none"> • Know some laws about drinking alcohol • Consider ways of persuading people to drink alcohol sensibly 	cwpresources.co.uk Teaching Drug & Alcohol Education with Confidence: year 4, lesson 3
6	Choosing the right health service	<ul style="list-style-type: none"> • Identify the types of health services available in our local area • Explore which service is appropriate for which health need 	Monkey Wellbeing: website with resources to help children talk about their experiences or worries of going into hospital. Use the scenario cards to discuss the different types of health service. Create illness and accident cards to match the scenario cards. http://www.monkeywellbeing.com/resources-for-teachers NHS Choose Well TV advert: use the short clip to explain the different services available: http://www.youtube.com/watch?v=3gLvcMDe8 Invite your school nurse or St Johns Ambulance to visit the class.
7	End of unit assessment	To reflect on what pupils have learnt from the Health & Wellbeing unit.	Review Unit Assessment Activity: Devise a pupil evaluation sheet to review overall learning and invite pupils to set some personal goals for healthier living.

Draft Year 4: Living in the wider world - Half Term 5

Block	Topic	Learning Outcomes	Activity ideas and Resources
1	Assessment / Introduction	To introduce the Living in the wider world theme and provide an insight into the topics within this unit	Unit Assessment Activity: Spidergraph of all the different cultures/countries represented in school.
2	Housing needs and wants	<ul style="list-style-type: none"> Explore the difference between needs and wants in housing Help pupils develop empathy with the housing situations of others 	Shelter: a national charity for housing and homelessness. This website has teacher's notes, whiteboard class activities and animations designed by children to explore the issue of housing, free to download: http://www.shelterclassroomkit.org.uk - Go to citizenship KSII – Needs and wants
3	Home is...	<ul style="list-style-type: none"> Explore what 'home' means to them Consider what home means to different people. Explore thoughts and feelings about home through the medium of poetry 	Shelter: http://www.shelterclassroomkit.org.uk Go to English KSII – English; add in extra photos of different homes both in the UK and worldwide or ask pupils to draw one they know about. Read out the poems pupils produce in an assembly.
4	Rights & responsibilities at home	<ul style="list-style-type: none"> Understand the difference between rights and responsibilities Appreciate that as we grow older we are able to do different tasks and take on different responsibilities Begin to make decisions between reasonable and unreasonable requests 	TES: http://www.tes.co.uk KS2 Lesson Plan Rights and Responsibilities by Beatbullying10 – lesson plan, powerpoint, flashcards; explores the difference between rights and responsibilities: Search for 'Rights and responsibilities KS2'. Discuss 'What responsibilities do you have at home? How has this changed since you were in year one? Which tasks do you enjoy? Discuss what is reasonable and unreasonable.
5	Celebrations in different cultures	<ul style="list-style-type: none"> Research different celebrations and cultures Understand the reason behind the celebration Be able to present their findings to the class 	In small groups: Each group to research celebrations in different countries e.g. Chinese New Year, Ramadan, Eid, Thanksgiving. Cut out images, words that best describe the celebration and make a collage.
6	Accepting differences	<ul style="list-style-type: none"> Recognise similarities and differences in the UK and other countries Think about the lives of people living in other places with different values and customs Begin to understand and respect different people's point of view 	CAFOD: their Picture My World website enables children to explore the difference and similarities between their world and other cultures; includes stories, powerpoints, children's photo project: http://www.cafod.org.uk/Education/Primary-schools/Picture-my-World . Forge links with a school in another country. Go Givers: KS2 lesson 'Culture: The Roma' – powerpoint, activities http://www.gogivers.org/teachers/lessons/ks-2/theme/diversity-and-cohesion/ ; alternatively use the 'Child Slavery: All for Profit' lesson, includes child labour in Victorian Britain and worldwide.
7	End of unit assessment	To reflect on what pupils have learnt about some of the different cultures and countries represented in school.	Review Unit Assessment Activity: Pupils to add ideas to the spidergraph of new things they have learned about the cultures/countries in their school.

Draft Year 4: Living in the wider world - Half Term 6

Block	Topic	Learning Outcomes	Activity ideas and Resources
1	Assessment/ Introduction	To introduce the topic of money and discuss what will be covered in this unit.	Unit Assessment Activity: Use assembly ideas from PFEG's My Money Week
2	Keeping records	<ul style="list-style-type: none"> Understand the importance of accurate financial records for individuals and businesses Understand the difference between income and costs and how they are recorded on a balance sheet Have an understanding of the importance of record keeping and budgeting in relation to personal spending 	NatWest Pocket Money Primary School Programme: www.teachers.natwest-pocketmoney.com – a useful KS2 resource package, register for free downloadable lesson plans, worksheets and interactive games: Go to Money and Me – Lesson MM03 Keeping Account or MM04 Personal money diary. Set up a class budget based on children's average pocket money / things they need to buy / things they want – discuss difference.
3	Using accounts to keep money safe	<ul style="list-style-type: none"> Understand the importance of the physical protection of money Know some of the ways banks protect money Have improved their skills in preparing a design 	NatWest: http://teachers.natwest-pocketmoney.com/all-about-banks.html : Go to Lesson AB06 Bank Security – teacher's notes, worksheet, flashcards.
4	What are charities?	<ul style="list-style-type: none"> Understand what charitable giving means Know that all the major religions of the world promote charitable giving 	BBC Learning Zone: this clip shows an example of a sustainable aid project in Tanzania, which provides agricultural training to young children; the project is supported by the NGO Farm Africa: http://www.bbc.co.uk/learningzone/clips/charity-schools-in-tanzania/510.html NatWest: http://teachers.natwest-pocketmoney.com/money-and-me.html : Go to Lesson MM08 – Charity. Recall charitable events at school (eg Comic Relief, Macmillan Cancer) – record what the charities do to help people.
5	Rules and responsibilities in society	<ul style="list-style-type: none"> Understand the importance of freedom to make choices. Know that there are different rights and responsibilities at home, at school, and in the community, and that these can sometimes conflict with each other 	Go Givers: KS2 Lesson 'Rights and Responsibilities – Freedom' http://www.gogivers.org/teachers/lessons/ks-2/theme/anti-bullying-week/ Class discussion: what will be your rights responsibilities be for next year?
6	End of unit assessment	To reflect on what pupils have learnt from the sessions in this unit	Review Unit Assessment Activity

DRAFT