

Draft Year 5: Relationships - Half Term 1

Block	Topic	Learning Outcomes	Activity ideas and Resources
1	Assessment	<ul style="list-style-type: none"> To introduce the Relationships theme To introduce the topics to be covered in this half term's unit 	Unit Assessment Activity (eg 'Teamwork' or 'Relationships' mindmap/spidergraph; draw up a class contract for good behaviour/teamwork/ways to help each other)
2	Welcoming and belonging	<ul style="list-style-type: none"> Know that we are all valued as individuals Understand how it feels to do or start something new, and why Consider how to help others to feel valued and welcomed 	BBC Education: http://www.bbc.co.uk/education/clips/zqfhfg8 - 'New child in class – Ashley's story'; video clip and lesson ideas; also http://www.bbc.co.uk/education/clips/z3q8q6f Raimunda's story – video clip and lesson ideas. http://www.bbc.co.uk/education/clips/z3q8q6f SEAL: New Beginnings – Exploring feelings; Welcoming and Belonging Create a get to know you poem for display (Google 'Autobiopoems' for egs)
3	Teamwork	<ul style="list-style-type: none"> Understand the importance of teamwork Appreciate that a good team requires members with different skills Be able to work collaboratively towards shared goals 	BBC Education: introductory video clip about teamwork: http://www.bbc.co.uk/learningzone/clips/working-together-as-a-team-pt-1-2/721.html . In groups, set pupils a team building activity or do activities/games in the hall; there are some good examples here: http://www.teachingideas.co.uk/pe/contents_games.htm . Arrange a class trip out for team-building activities e.g http://www.stubbers.co.uk . Go Givers: Use a story or moral tale to discuss selfishness, such as Chopsticks: http://www.gogivers.org/teachers/lessons/ks-2/theme/friendship-and-care/ .
4	Giving praise and positive feedback	<ul style="list-style-type: none"> Know how to make people feel good about themselves Recognise when someone is using a put-down Practise giving constructive feedback to friends 	SEAL: Relationships – Pick me up, don't put me down (jigsaw activity); People around us.
5	Raising concerns and helping friends in need	<ul style="list-style-type: none"> Know the difference between 'confidential' and 'secret' Explore why people might want to keep information about themselves secret (confidential) Consider how we can play a role in helping others, even if it sometimes means telling a secret 	Discuss the meaning of 'confidential', 'secret' and 'giving consent' using a range of different scenarios. Expect Respect Toolkit Year 5 Lesson Plan: Secrets and Stories www.womensaid.org.uk – resources section.
6	End of unit assessment	<ul style="list-style-type: none"> To reflect on the value of helping and working with others in increasing our own self-esteem 	Review Unit Assessment Activity

Draft Year 5: Relationships - Half Term 2

Block	Topic	Learning Outcomes	Activity ideas and Resources
1	Assessment	<ul style="list-style-type: none"> To recap unit topics from HT1 To introduce the Relationship topics to be covered in this half term's unit 	Unit Assessment Activities: Hold an introductory assembly linked to the theme for anti-bullying week. Circle time: 'A friend is someone who...': video or record pupils' responses.
2	Forgiveness and friendships	<ul style="list-style-type: none"> Know some things which are likely to make a difficult situation better Know some things which people are likely to say or do in a conflict situation which can make things worse Understand why forgiveness is important in a friendship 	Brilliant Star: http://www.brilliantstarmagazine.org/parents-teachers/teaching-tools-techniques/lesson-plans-and-activities/forgiveness-a-virtue-building-lesson-plan#.U_XpqsvdVyl - activity ideas. TES Friendship and Forgiveness Poem slides by pwilloughy3: http://www.tes.co.uk/ResourceDetail.aspx?storyCode=6154380 SEAL: Getting on and falling out – Making up; Managing conflict
3	Understanding embarrassment	<ul style="list-style-type: none"> Explore different situations in which we might feel embarrassed and why Know some things to do when someone is feeling embarrassed that will not make things worse 	Use a selection of photos to discuss embarrassing situations and how best to deal with them. SEAL: Relationships – Embarrassed.
4	Consequences of teasing and bullying	<ul style="list-style-type: none"> Explore the issues of name-calling and other forms of direct bullying and understand how this feels Empathise with how it feels to be the person who is bullied and/or a witness wanting to stop bullying situations Explore a range of reasons that can lead to children bullying others 	Anti-bullying Alliance produces resources to support a different theme each year for Anti-Bullying Week: http://www.anti-bullyingalliance.org.uk/aba-week.aspx 'Free' by Stonewall – free, online resource containing four films about primary age children; it explores what makes us unique and challenges homophobic bullying and language; also includes lesson plans and activity ideas: http://www.stonewallprimary.org.uk/teacher/about-free . This is Linus and This is Emma are aimed at Years 5 and 6. SEAL: Say no to bullying – Year 5 resources
5	Importance of anger management	<ul style="list-style-type: none"> Know what my triggers are for anger and what happens when I get angry Know some ways to calm myself down Consider some of the consequences of my behaviour in order to make a wise choice when I am feeling angry 	Young Minds – http://www.youngminds.org.uk/ - mental health & wellbeing website: use their Anger Factsheets or Podcasts here: http://www.youngminds.org.uk/for_children_young_people/whats_worrying_you/anger . BBC: http://www.bbc.co.uk/education/clips/z87d7ty - 'How do you feel after being angry' video clip; also 'How can you cope with feeling anger' video clip and classroom ideas. SEAL: Getting on and falling out – Revisiting anger; Taking responsibility
6	End of unit assessment	<ul style="list-style-type: none"> To reflect on the importance of recognising and managing our feelings 	Review Unit Assessment Activity

Draft Year 5: Health and wellbeing - Half Term 3

Block	Topic	Learning Outcomes	Activity ideas and Resources
1	Assessment	<ul style="list-style-type: none"> To introduce the Health & Wellbeing theme To provide an insight into the topics within this unit 	Unit Assessment Activity: Use the activities in CWP Lesson 1 as assessment for this unit.
2	Talking about puberty	<ul style="list-style-type: none"> Explain the main physical and emotional changes that happen during puberty Ask questions about puberty with confidence 	cwpresources.co.uk Teaching SRE with Confidence: year 5, lesson 1
3	Male and female changes	<ul style="list-style-type: none"> Understand how puberty affects the reproductive organs Describe how to manage physical and emotional changes 	cwpresources.co.uk Teaching SRE with Confidence: year 5, lesson 2
4	Puberty and hygiene	<ul style="list-style-type: none"> Explain how to stay clean during puberty Describe how emotions change during puberty Know how to get help and support during puberty 	cwpresources.co.uk Teaching SRE with Confidence: year 5, lesson 3
5	Body image and the media	<ul style="list-style-type: none"> Consider the role of the media and advertising in affecting our perception of body image Understand that many of the body images we see are altered and enhanced 	Media Smart Body Image lesson: https://www.mediasmart.org.uk/resources/bodyimage <i>Developed to align with a government campaign on Body Confidence. The aim of the one-hour lesson is to provide an introduction into the role of the media and advertising in influencing young people's perception of body image.</i>
6	Positive physical and emotional health	<ul style="list-style-type: none"> Understand that a healthy lifestyle includes exercise, nutrition, personal hygiene and emotional well-being Consider some of the reasons why other children may be suffering from hygiene or health issues 	The Children's Society 'My Life' resources: http://www.mylife4schools.org.uk/teachers - Unit 5 Keeping healthy – lesson plan, case study, online activities, worksheets. TES 'Change for life lesson' (by sendicott): http://www.tes.co.uk/ResourceDetail.aspx?storyCode=6100600 powerpoint of true and false slides about healthy life choices; linked to Change 4 Life.
7	End of unit assessment	<ul style="list-style-type: none"> To reflect on what pupils have learnt about puberty and how to look after themselves as they grow up 	Review Unit Assessment Activity or use Problem Page Scenarios (see CWP Lesson 3 above) to evaluate SRE learning.

Draft Year 5: Health and wellbeing - Half Term 4

Block	Topic	Learning Outcomes	Activity ideas and Resources
1	Assessment	<ul style="list-style-type: none"> To introduce the topics for this half term's unit To establish previous learning in drug education 	Unit Assessment Activities: Use the needs assessment from CWP Lesson plan 1 below.
2	Legal and illegal drugs (including tobacco and alcohol)	<ul style="list-style-type: none"> Know about a range of legal and illegal drugs Have some understanding of the effects and risks of illegal drugs 	cwpresources.co.uk Teaching Drug & Alcohol Education with Confidence: year 5, lesson 1
3	Attitudes to drugs	<ul style="list-style-type: none"> Explore our attitudes to drug use Understand that all sorts of people may misuse drugs Challenge myths about drug use 	cwpresources.co.uk Teaching Drug & Alcohol Education with Confidence: year 5, lesson 2
4	Peer Pressure	<ul style="list-style-type: none"> Know a range of skills to resist peer pressure Develop some assertiveness skills 	cwpresources.co.uk Teaching Drug & Alcohol Education with Confidence: year 5, lesson 3. TES 'Drug Education- dealing with peer pressure' by SexEdUKation: http://www.tes.co.uk/teaching-resource/Drug-Education-dealing-with-peer-pressure-6120978/ - this lesson uses eating 'catfood' to explore peer pressure with the class in relation to unsafe substances.
5	Healthy lifestyle choices – judging risk	<ul style="list-style-type: none"> Know some ways to assess the risks in different situations Be able to make a judgement about whether to take a risk Consider the relationship between risk and 'dare' Understand that taking risks can have positive or negative consequences 	SEAL: Going for goals (Year 3) Weighing up the consequence. TES: http://www.tes.co.uk/teaching-resource/Year-Five-SEAL-Good-To-Be-Me-6320065/ - Lesson 3 Making Choices. Royal National Lifeboat Institution has a range of activities in their downloadable All Aboard resource, which cover lifeguards, beach safety, river safety: http://rnli.org/safetyandeducation/teachersandyouthleaders/resources/Pages/All-aboard.aspx Gloucester Fire Service has plenty of downloadable lesson plans and materials on aspects of fire safety: http://www.glosfire.gov.uk/schools_tres_ks2_y56.html
6	End of unit assessment	To reflect on how risk taking behaviour can affect our health and lifestyle	Use 'risk' themed concept cartoons to evaluate what pupils have learned about positive and negative risk.

Draft Year 5: Living in the wider world - Half Term 5

Block	Topic	Learning Outcomes	Activity ideas and Resources
1	Assessment	To introduce the Living in the wider world theme and provide an insight into the topics within this unit	Unit Assessment Activity: Hold an introductory assembly on the theme of Human Rights (see the UNICEF website listed below for ideas).
2	Schools abroad	<ul style="list-style-type: none"> Understand children's education in different countries Have the opportunity to get to know children in schools in other countries Know some facts about the UN Convention on the Rights of a Child 	UNICEF: http://www.unicef.org.uk/documents/education-documents/resources-documents/primary_assemblies_unicef.pdf - a great resource for assemblies, exploring the lives of children using the UN Convention on Rights of the child as the central theme, some of which refer to schools in different countries. Many of the activities could also be used in class. Check with your school to see if you have a twinning schools scheme. Arrange a talk from the key member of staff in charge of the twinning scheme. Children to write letters to the children in the twinning scheme.
3	Different communities	<ul style="list-style-type: none"> Be able to care about other people's feelings and priorities, and to try to see things from their point of view Consider the lives of people living in other places and times, and people with different values and customs. 	Go Givers: http://www.gogivers.org – KS2 Lessons 'Mind the Gap' demonstrates the gap between the West and developing countries. It includes The Millennium Development Goals and poetry from the perspective of a child living in the developing world: Go to Teachers – KS2 Lessons – Mind the Gap: Between Developed and Developing Countries'; includes powerpoint and quiz.
4 & 5	Democracy, government and politics	<ul style="list-style-type: none"> Know why and how laws are made Know what democracy is, and about the basic institutions which support it locally and nationally Recognise the role of voluntary, community and pressure groups Understand the difference between biased and balanced arguments Understand how to develop a formal balanced argument, verbally and in writing 	Go Givers: http://www.gogivers.org – KS2 Lessons 'Democracy' – a three-part module explaining democracy in simple terms: How children can participate; Creating a new political party; The Suffragette movement. Lesson plan, powerpoint and activity ideas. Houses of Parliament Education Service: http://www.parliament.uk/education/ - organise a class trip to the Houses of Parliament, ask your local MP to come and speak with the year group, or arrange for the Outreach Team to visit the school. BBC Education: http://www.bbc.co.uk/schools/teachers/ks2_lessonplans/english/argument.shtml - a complete lesson plan with video clips introducing ways of presenting different opinions both in writing and verbally.
5	Campaigns and media influence	<ul style="list-style-type: none"> Explore the way that the media can influence us Understand why and how rules and laws in advertising are made and enforced 	Media Smart: http://www.mediasmart.org.uk/resources What does the Ad Say? – short film about online advertising Choose a lesson plan or activities from the Digital Adwise or Be Adwise 2 free teachers' packs.

		<ul style="list-style-type: none">• Explore how the media presents information	
6	End of unit assessment		Review Unit Assessment Activity

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Draft Year 5: Living in the wider world - Half Term 6

Block	Topic	Learning Outcomes	Activity ideas and Resources
1	Assessment	To introduce the topic of money and discuss what will be covered in this unit	Unit Assessment Activity: Use assembly ideas from PFEG's My Money Week. Link with Maths curriculum.
2	Foreign currency	<ul style="list-style-type: none"> • Be able to convert foreign currencies into Sterling • Be able to make comparisons between prices to decide what is 'best value' 	<p>NatWest Pocket Money Primary School Programme: http://teachers.natwest-pocketmoney.com/home.html - KS2 resource package, register for free downloadable lesson plans, worksheets, interactive games. Go to Money for Life – Lesson ML06 Money Abroad.</p> <p>Personal Finance Education Group: www.pfeg.org – produce a free, themed set of resources each year for My Money Week in June. Go to Resources – My Money Week. Also has a free toolkit for each year group with lesson plans, activity sheets: Type 'My Money Primary Toolkit' into the search bar and download.</p>
3	What influences spending?	<ul style="list-style-type: none"> • Identify the areas relating to money that are most important to them • Understand how finance plays an important part in peoples' lives • Understand that individuals or families may need or choose to spend their money in different ways 	<p>Nationwide Education: Financial Capability 4-11 year olds: quiz cards, scenario cards, interactive games, activity ideas: http://www.nationwideeducation.co.uk/finance-education/personal/teachers/04-11-counting-on-cost-of-money/index.php</p> <p>Barclays Bank Money Skills Resource Pack: http://www.barclaysmoneyskills.com Go to Resource Centre–School Children–Barclays Money Skills Ages 7-11 Resource Pack: Activity 1 Where Our Money Goes.</p>
4	Saving money	<ul style="list-style-type: none"> • Understand that they may need to save up for something if there isn't enough money for everything they want or have to buy. • Understand what saving and cutting costs mean and the different ways to do both. • Know that there are different ways to save money 	<p>Barclays Bank: http://www.barclaysmoneyskills.com - a simple, clear activity on saving with an interactive board game: Go to Resource Pack as above: use Activity 4 Let's get Saving (including the Roller Coaster board game).</p> <p>NatWest: http://teachers.natwest-pocketmoney.com/home.html - Go to Money and Me – Lesson MM06 Spend and Save; try the interactive whiteboard game Saving the Day.</p>
5	Changing schools	<ul style="list-style-type: none"> • Begin to be familiar with the idea of changing schools • Identify the differences between primary and secondary schools 	<p>TES: www.tes.co.uk 'Snivel and Shriek Activity Sheet' by starfish1954 - a simple activity sheet, useful as a starter activity looking at the similarities and differences between primary and secondary schools.</p> <p>Discuss in small groups: What will you enjoy about changing schools? What are your concerns? Feedback to the class.</p> <p>The Children's Society: http://www.mylife4schools.org.uk/teachers - Unit 6 What I believe in – lesson plan, case study, online activities, activity sheets about an African girl starting school in England; part of the My Life online resource.</p>
6	End of unit	To reflect on what pupils have learnt from this unit	Review Unit Assessment Activity

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