

### Draft Year 6: Relationships - Half Term 1

Block	Topic	Learning Outcomes	Activity ideas and Resources
1	Assessment / Introduction	<ul style="list-style-type: none"> <li>To introduce the Relationships theme</li> <li>To introduce the topics to be covered in this half term's unit</li> </ul>	Unit Assessment Activity: Pupil survey of what topics pupils remember from Year 5 PSHE and what they would like to learn in Year 6.
2	Celebrating achievements	<ul style="list-style-type: none"> <li>Identify and celebrate individual, group and class achievements to date</li> <li>Understand the importance of celebrating each other's achievements</li> </ul>	Create a class blog, photo album, scrap book, collage for recording special moments over the year. <b>SEAL:</b> New beginnings – Building a community; The class charter; New beginnings. Hold “Celebrating You outside of School” assemblies once a month to celebrate achievements children have made in sports or other areas not in school. Children can bring in their medals/awards to show their peers.
3&4	Making future plans	<ul style="list-style-type: none"> <li>Consider plans for the future and set some goals</li> <li>Be able to make a long-term plan and break it down into smaller, achievable goals</li> </ul>	Read the book ‘Oh, the Places You’ll Go!’ By Dr Seuss, then ask pupils to design their own Up & Away balloons to represent dreams and future goals. <b>SEAL:</b> Going for goals – Ladder to success.
5	Resilience and perseverance	<ul style="list-style-type: none"> <li>Know that if at first I don't succeed it is worth trying again</li> <li>Recognise when I am using an excuse instead of finding a way around a problem</li> <li>Know some problem solving strategies</li> </ul>	<b>West Sussex Council/CAMHS:</b> <a href="http://www.westsussex.gov.uk/">http://www.westsussex.gov.uk/</a> - an extensive downloadable resource; the Group Activities section contains lots of ideas; also includes teacher guidance: Go to ‘Grid for Learning’ and type ‘Promoting emotional resilience pack’ into the search bar. <b>SEAL:</b> Going for goals – I would but.; Excuses excuses
6	Different viewpoints	<ul style="list-style-type: none"> <li>Understand the importance of respecting each other's opinions</li> <li>Consider the expectations of parents, carers and people in authority and how children might view them differently</li> <li>Be able to disagree with someone without falling out</li> </ul>	<b>Go Givers:</b> <a href="http://www.gogivers.org">www.gogivers.org</a> - Go to KS2 Lessons-All Lessons-‘The Olympic Games: Respect’ – powerpoint, activities. <i>The first step to developing respect for others is to acknowledge that all people have value.</i> Books: Gangsta Granny by David Walliams; The Illustrated Mum by Jacqueline Wilson. ‘Free’ by <b>Stonewall</b> – free, online resource containing four films about primary age children; it explores what makes us unique and challenges homophobic bullying and language; also includes lesson plans and activity ideas: <a href="http://www.stonewallprimary.org.uk/teacher/about-free">http://www.stonewallprimary.org.uk/teacher/about-free</a> . This is Linus and This is Emma are aimed at Years 5 and 6. <b>SEAL:</b> Good to be me – Agreeing and disagreeing; Getting on and falling out – Working in groups.
6	End of unit assessment	To reflect on the importance of resilience, responsibility and respect in achieving goals	Review Unit Assessment Activity Pupils to complete the proforma for their ladder to success from Lesson 4.

### Draft Year 6: Relationships - Half Term 2

Block	Topic	Learning Outcomes	Activity ideas and Resources
1	Assessment/ Introduction	<ul style="list-style-type: none"> <li>To recap topics from HT1</li> <li>To introduce the Relationships topics to be covered in this half term's unit</li> </ul>	Unit Assessment Activity: Review the results of the survey from the last half term unit.
2	Managing overwhelming feelings	<ul style="list-style-type: none"> <li>Identify different feelings which can overwhelm us</li> <li>Recognise when we are overwhelmed by our feelings and be able to use a calming down strategy</li> </ul>	<b>SEAL:</b> Good to be me – Understanding feelings; Getting on and falling out – Revisiting anger.
3	Accepting our part in a conflict	<ul style="list-style-type: none"> <li>Be able to see a situation from another person's perspective</li> <li>Know how behaviour is linked to thoughts and feelings</li> <li>Know that it is important in a conflict situation to talk about what someone has done or said, not the person themselves</li> <li>Know appropriate language to use that does not make conflict situations worse</li> </ul>	<b>Go Givers:</b> KS2 Lessons 'Mediation: resolving conflict' <a href="http://www.gogivers.org/teachers/lessons/ks-2/theme/feelings/">http://www.gogivers.org/teachers/lessons/ks-2/theme/feelings/</a> Also 'Prepare to Stand up and Stand out' is particularly suitable for Anti-Bullying week; powerpoint and three different activities. <b>SEAL:</b> Getting on and falling out – Conflict resolution (2 sessions). <b>BBC:</b> <a href="http://www.bbc.co.uk/education">http://www.bbc.co.uk/education</a> - selection of short video clips and lesson ideas: Go to England – KS2 – PSHE and Citizenship – Relationships – Conflict resolution and mediation.
4	Assertiveness	<ul style="list-style-type: none"> <li>Know the difference between positive, assertive and aggressive</li> <li>Practise behaving in an assertive way using appropriate body language and tone of voice</li> <li>Understand that the majority view is not always right</li> </ul>	<b>West Sussex Council/CAMHS</b> 'Promoting Emotional Resilience' pack: <a href="http://www.westsussex.gov.uk/">http://www.westsussex.gov.uk/</a> - use the Assertiveness activities in the Group Activities section. <b>SEAL:</b> Good to be me - Standing up for what I think; Assertiveness
5	Communication in relationships (including online safety)	<ul style="list-style-type: none"> <li>Consider when it is appropriate to share personal/private information in a relationship</li> <li>Know how and where to get support if an online relationship goes wrong</li> </ul>	<a href="http://www.cwpresources.co.uk">cwpresources.co.uk</a> Teaching SRE with Confidence: year 6, lesson 4 <b>Go Givers:</b> 'Keeping safe in cyberspace' powerpoint, activities <a href="http://www.gogivers.org/teachers/lessons/ks-2/">http://www.gogivers.org/teachers/lessons/ks-2/</a> Include a visit from your local community police officer, who is also linked to nearby secondary schools.
6	End of unit assessment	To reflect on what pupils have learnt from the Relationships unit	Review Unit Assessment Activity

### Draft Year 6: Health and wellbeing - Half Term 3

Block	Topic	Learning Outcomes	Activity ideas and Resources
1	Assessment/ Introduction	<ul style="list-style-type: none"> <li>To introduce the Health &amp; Wellbeing theme</li> <li>To provide an insight into the topics within this unit</li> </ul>	Unit Assessment Activity: Use the activities in CWP Lesson 1 as assessment for this unit.
2	Puberty and Reproduction	<ul style="list-style-type: none"> <li>Describe how and why the body changes during puberty in preparation for reproduction</li> <li>Talk about puberty and reproduction with confidence</li> </ul>	<a href="http://cwpresources.co.uk">cwpresources.co.uk</a> Teaching SRE with Confidence: year 6, lesson 1
3	Understanding relationships	<ul style="list-style-type: none"> <li>Discuss different types of adult relationships with confidence</li> <li>Know what form of touching is appropriate</li> </ul>	<a href="http://cwpresources.co.uk">cwpresources.co.uk</a> Teaching SRE with Confidence: year 6, lesson 2
4	Conception and Pregnancy	<ul style="list-style-type: none"> <li>Describe the decisions that have to be made before having a baby</li> <li>Know some basic facts about conception and pregnancy</li> </ul>	<a href="http://cwpresources.co.uk">cwpresources.co.uk</a> Teaching SRE with Confidence: year 6, lesson 3
5	Health Services	<ul style="list-style-type: none"> <li>Know about people who are responsible for helping us stay healthy and ways we can help them</li> <li>Know that there are different health services and understand that they serve different purposes</li> <li>Know who to ask for help with health issues and how</li> </ul>	Use photos to explore the roles of family members, carers, medical professionals, emergency service personnel. Create a matching card game to explore which health issue can be treated by which health service (pharmacist, GP, walk-in centre, NHS 111 helpline, counselor, A&E). <a href="https://www.youtube.com/watch?v=9j3ppsLdRKY&amp;index=1&amp;list=PLC09CE8831EB7D1F9">https://www.youtube.com/watch?v=9j3ppsLdRKY&amp;index=1&amp;list=PLC09CE8831EB7D1F9</a> – NHS Choosewell Nail Bar – humorous sketch about misuse of A&E services. Invite your school nurse in to talk about local health services.
6	Healthy families and nutrition	<ul style="list-style-type: none"> <li>Recognise opportunities to make their own choices about food and what might influence their choices, including their family traditions and the media</li> <li>Understand the benefits of eating a balanced diet</li> </ul>	Explore a range of advertisements which promote ‘treats’ and unhealthy foods to children. <b>BBC:</b> <a href="http://www.bbc.co.uk/food/seasons">http://www.bbc.co.uk/food/seasons</a> - use the website to produce a timeline of when different foods are in season in the UK. <a href="http://www.bbc.co.uk/education">http://www.bbc.co.uk/education</a> - video clips and activity ideas in the Nutrition and Healthy Eating sections, eg: Go to England KS2- PSHE and Citizenship – Health and safety – The long term effects of unhealthy food choices.
7	End of unit assessment	To review what pupils have learnt about puberty and reproduction in the context of relationships	Revisit one of the CWP assessment activities from Lesson 1 (eg Reproduction Question Sheet) to review SRE learning

**Draft Year 6: Health and wellbeing - Half Term 4**

<b>Block</b>	<b>Topic</b>	<b>Learning Outcomes</b>	<b>Activity ideas and Resources</b>
1	Assessment/ Introduction	<ul style="list-style-type: none"> <li>To introduce the topics for this half term's unit</li> <li>To establish previous learning in drug education</li> </ul>	Unit Assessment Activity: Use the needs assessment from CWP's Year 5 Lesson plan 1 (see Year 5 HT4 unit)
2	Cannabis	<ul style="list-style-type: none"> <li>Know what effects cannabis can have on your health and life</li> <li>Know the legal consequences of using cannabis</li> </ul>	<a href="http://cwpresources.co.uk">cwpresources.co.uk</a> Teaching Drug & Alcohol Education with Confidence: Year 6, Lesson 1
3	VSA, Getting Help and First Aid	<ul style="list-style-type: none"> <li>Know the effects and risks of volatile substance abuse (VSA)</li> <li>Know how to get and to give help</li> </ul>	<a href="http://cwpresources.co.uk">cwpresources.co.uk</a> Teaching Drug & Alcohol Education with Confidence: Year 6, Lesson 2. <b>British Heart Foundation:</b> <a href="http://www.bhf.org.uk">www.bhf.org.uk</a> : use the information and case studies in ArtieBeat's Lifesaver booklet. <b>Go Givers:</b> KS2 Lessons 'Emergency' powerpoint about the emergency services: <a href="http://www.gogivers.org/teachers/lessons/ks-2/theme/making-a-contribution/">http://www.gogivers.org/teachers/lessons/ks-2/theme/making-a-contribution/</a>
4	Help, advice and support	<ul style="list-style-type: none"> <li>Have practised communicating with adults</li> <li>Know how to access help and support</li> </ul>	<a href="http://cwpresources.co.uk">cwpresources.co.uk</a> Teaching Drug & Alcohol Education with Confidence: year 6, lesson 3
5	Managing stress: my leisure time	<ul style="list-style-type: none"> <li>Know some basic strategies for reducing and managing stress</li> <li>Know some relaxation techniques</li> <li>Know where to find local health and leisure activities for children and families</li> </ul>	<b>Go Givers:</b> <a href="http://www.gogivers.org">www.gogivers.org</a> - 'Stressed Out' powerpoint, lesson activities: Go to Teachers - KS2 Lessons - All Lessons - Stressed Out. Do Activity 1 then discuss ways that children can help beat stress. <b>HandsOn Scotland:</b> <a href="http://www.handsonscotland.co.uk">www.handsonscotland.co.uk</a> - Mindfulness activities: Go to How to help children to flourish - Activities and videos - Activities - Mindfulness. <b>Change for Life:</b> use the Find local activities tab, select type(s) of activity, put in the school's postcode, select 2 mile radius, and the site will provide a list with links to each activity: <a href="http://www.nhs.uk/change4life/Pages/change-for-life.aspx">http://www.nhs.uk/change4life/Pages/change-for-life.aspx</a>
6	End of unit assessment	To reflect on what pupils have learned from the Health & Wellbeing unit	Devise a pupil evaluation sheet to review overall learning and invite pupils to set some personal goals for healthier living.

**Draft Year 6: Living in the wider world - Half Term 5**

<b>Block</b>	<b>Topic</b>	<b>Learning Outcomes</b>	<b>Activity ideas and Resources</b>
1	Assessment/ Introduction	To introduce the Living in the wider world theme and provide an insight into the topics within this unit	Unit Assessment Activity: Hold an introductory assembly eg Go Givers Philosophy: Go Givers Anthem
2	Helping others at home, at school and in the community	<ul style="list-style-type: none"> <li>Realise that people and other living things have needs, and that they have responsibilities to meet them</li> <li>Know that family and friends should care for each other</li> </ul>	Brainstorm- what do humans need to survive? (Link with Science). <b>Go Givers:</b> <a href="http://www.gogivers.org">www.gogivers.org</a> KS2 'Go-Givers Philosophy: Go-givers Anthem' - <i>this module explores the nature of empathy and compassion and looks at ways in which we can make a difference to our world.</i>
3	Housing	<ul style="list-style-type: none"> <li>Understand what a home gives to us</li> <li>Have empathy for people who may be less fortunate than ourselves</li> </ul>	<b>Shelter Newham Children's Project Animations:</b> <a href="https://www.youtube.com/watch?v=OJjgl36i3vs&amp;list=PL3860BB296D74FE29&amp;index=1">https://www.youtube.com/watch?v=OJjgl36i3vs&amp;list=PL3860BB296D74FE29&amp;index=1</a> – <i>animations created by children in temporary housing.</i> <ul style="list-style-type: none"> <li>Concept Cartoons: What does our home give us?</li> <li>Create your own animations about your dream home</li> <li>How can we help children and families who are in need of better housing?</li> </ul>
4	Local and global communities	<ul style="list-style-type: none"> <li>Understand what makes a community</li> <li>Explore the communities in our local area</li> <li>Explore and experience how music and sport can bring communities together locally and globally</li> </ul>	Mind map: What is a community? What are the advantages/disadvantages of being part of a community? Choose one community: what can we do to be responsible members of our community? Discuss and create a list. <b>CAFOD:</b> <a href="http://www.cafod.org.uk">www.cafod.org.uk</a> Music Activity Instruments of peace - <i>explores experience how music and sport brings people together:</i> Go to Primary Schools - Peace and Conflict – Music Activity. <b>Go Givers:</b> <a href="http://www.gogivers.org">www.gogivers.org</a> KS2 Lessons Sharing ideas: Network. Could do this over two lessons with powerpoint and task.
5	Inequalities	<ul style="list-style-type: none"> <li>Recognise the role of voluntary, community and pressure groups</li> <li>Recognise and challenge stereotypes</li> <li>Know that similarities and differences between people arise from a number of factors, including cultural, ethnic, racial and religious diversity, gender and disability</li> </ul>	<b>Go Givers:</b> <a href="http://www.gogivers.org">www.gogivers.org</a> - KS2 Lessons 'Equal Opportunities' – <i>helps understanding of what equal opportunities means, the nature of prejudice and groups which may be discriminated against.</i> Identify different groups that may be discriminated against. Research the UK laws that have been developed to combat discrimination.
6	End of unit assessment	To reflect on what pupils have learnt about the concept of a community and how to contribute to a peaceful community	Review Unit Assessment Activity

**Draft Year 6: Living in the wider world - Half Term 6**

<b>Block</b>	<b>Topic</b>	<b>Learning Outcomes</b>	<b>Activity ideas and Resources</b>
1	Assessment/ Introduction	To introduce the topic of money and discuss what will be covered in this unit	Unit Assessment Activity: Use assembly ideas from PFEG's My Money Week
2	Effects of economic choices	<ul style="list-style-type: none"> <li>Understand that there is an ethical dimension to financial decisions</li> <li>Understand that their financial decisions could make a difference in improving the quality of life of others and protecting the environment</li> </ul>	<b>NatWest Pocket Money Primary School Programme:</b> <a href="http://teachers.natwest-pocketmoney.com/home.html">http://teachers.natwest-pocketmoney.com/home.html</a> - KS2 resource package, register for free downloadable lesson plans, worksheets, interactive games. Go to Money for Life – Lesson ML08 Money Choices. <b>Go Givers:</b> <a href="http://www.gogivers.org">www.gogivers.org</a> –KS2 Lessons–Rights & Responsibilities – The Benefits System – use powerpoint to stimulate a discussion.
3	Debt and risk	<ul style="list-style-type: none"> <li>Explain the difference between credit, debt, borrowing and saving</li> <li>Know the difference between manageable and unmanageable debt</li> <li>Know how to protect their money</li> </ul>	<b>NatWest:</b> <a href="http://teachers.natwest-pocketmoney.com/all-about-banks.html">http://teachers.natwest-pocketmoney.com/all-about-banks.html</a> - explores bank systems and the way they work. Choose from AB01 'Why we have banks', AB03 Bank accounts, AB04 Bank Security. <b>Personal Finance Education Group:</b> <a href="http://www.pfeg.org">www.pfeg.org</a> - a comprehensive site offering free downloadable economic education resources, including new activities each year for My Money Week in June. Put 'My Money Primary Toolkit' in the search bar. Download the toolkit. Go to KS2 Year 5 Unit 2 My Money Works PSHE Lesson.
4	Enterprise	<ul style="list-style-type: none"> <li>Understand what a business is and the key elements of a business plan</li> <li>Have developed skills in team working, project planning, budgeting and marketing</li> <li>Understand why businesses need investment and where this can be sourced from</li> <li>Have developed their skills in preparing persuasive presentations</li> </ul>	<b>Fiver Challenge:</b> <a href="http://www.fiverchallenge.org.uk/">http://www.fiverchallenge.org.uk/</a> - a fun example of what you can do with £5.00 – a competition to find the best ideas. <b>NatWest:</b> <a href="http://teachers.natwest-pocketmoney.com/money-and-me.html">http://teachers.natwest-pocketmoney.com/money-and-me.html</a> - set of resources on setting up a business. Choose from MM02 Setting up a Business, MM09 Raising Money. Invite a local entrepreneur to speak to pupils about their experience. <b>Go Givers:</b> <a href="http://www.gogivers.org">www.gogivers.org</a> 'You can't buy anything with a Penny'.
5	Responsibilities at secondary school	<ul style="list-style-type: none"> <li>Reflect on their visits to their secondary school</li> <li>Understand the difference between their present school and the next school</li> <li>Explore the change in responsibilities when going to secondary school</li> </ul>	<a href="http://www.boxofideas.org/ideas/?page_id=418">http://www.boxofideas.org/ideas/?page_id=418</a> - A useful guide for teachers when considering the transition between primary and secondary schools highlighting the issues that may affect the child's wellbeing and ways of working with those. <ul style="list-style-type: none"> <li>Arrange pupil visits to their secondary school</li> <li>Feedback and discuss differences</li> <li>What will be their responsibilities be at their new school? How are they different from now? What can they do to prepare for that?</li> </ul> <b>SEAL:</b> Changes – Understanding feelings about change
6	Safer journeys	<ul style="list-style-type: none"> <li>Plan their journey to their new school</li> </ul>	<b>ROSPA:</b> <a href="http://www.rospace.com">http://www.rospace.com</a> - a selection of resources that are available

		<ul style="list-style-type: none"> <li>• Know the best and safest route to school</li> </ul>	<p><i>for safety education in schools and on the roads.</i></p> <p><a href="http://www.rospa.com/roadsafety/info/esol_child_workbook.pdf">http://www.rospa.com/roadsafety/info/esol_child_workbook.pdf</a> - use this for activity ideas for all children</p> <ul style="list-style-type: none"> <li>• Ask pupils about the route that they'll be taking to secondary school.</li> <li>• Draw a map of the route. How are they going to get there?</li> <li>• What ticket will they need to have if using public transport?</li> <li>• What steps will they have to take to keep safe on their journey?</li> <li>• Each pupil to write/draw a plan of their journey to school and how to keep safe on their journey</li> <li>• Arrange an opportunity with parents/carers to take them to their new school</li> </ul>
7	End of unit assessment	To reflect on what pupils have learnt from this unit	Devise a pupil evaluation sheet to review overall learning and invite pupils to set some personal goals for their first year in secondary school.

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